

SALADS – FOR BIG HUNGER OR WRAP UP SALAD IN A WRAP



gluten free



lactose free



for vegetarian

Green Beef

● XL 19,99 Zł / XXL +6 Zł

Mixed lettuce / Beetroot / Feta cheese / Pak Choi cabbage / Paprika / Peas / Beef / Croutons / Horseradish sauce

Green Salmon

● XL 18,99 Zł / XXL +6 Zł

Mixed lettuce / Cucumber / Egg / Sprouts / Celery / Carrot / Salmon / Whole-grain pasta / Orange sauce



Green Nicea

● XL 18,99 Zł / XXL +6 Zł

Mixed lettuce / Cucumber / Onion / Olives / Cherry tomatoes / Egg / Tuna / Baked potatoes / Chives / Vinaigrette sauce



Green Bacon Avocado

● XL 19,99 Zł / XXL +6 Zł

Mixed lettuce / Double avocado / Seeds / Cherry tomatoes / Bacon / Chicken in herbs / Baked potatoes / Balsamic sauce



Green Vege

● XL 19,99 Zł / XXL +6 Zł

Mixed lettuce / Baked sweet potatoes / Cherry tomatoes / Sprouts / Seeds / Black beans / Hummus / Paneer with black caraway seeds / Vinaigrette sauce



Green Italian

● XL 18,99 Zł / XXL +6 Zł

Mixed lettuce / Fresh basil / Cherry tomatoes / Dry tomatoes / Mozzarella cheese / Olives / Whole-grain pasta / Rocket pesto sauce



Green Cobb

● XL 19,99 Zł / XXL +6 Zł

Mixed lettuce / Peas / Cherry tomatoes / Egg / Bacon / Blue cheese / Chicken in herbs / Baked potatoes / Mustard-honey sauce



Green Hawaii

● XL 18,99 Zł / XXL +6 Zł

Mixed lettuce / Double fresh pineapple / Cherry tomatoes / Hard cheese / Chilli chicken / Croutons / Vinaigrette sauce



GREEN DELIVERY EVERY DAY IN HOURS 11:00 – 18:00

accepting deliveries 10:00 - 17:00



Arkadia

ul. Aleja Jana Pawła II 82, Warszawa

tel.: 533 223 770

WKD Śródmieście

ul. Aleje Jerozolimskie 87, Warszawa

tel.: 535 229 469

Galeria Krakowska

ul. Pawia 5, Kraków

tel.: 535 223 970

Manufaktura

ul. Drewnowska 58, Łódź

tel.: 533 339 854

Galeria Wileńska

ul. Targowa 72, Warszawa

tel.: 533 223 605

Atrium Targówek

ul. Głębocka 15, Warszawa

tel.: 533 223 456

Zielone Arkady

ul. Wojska Polskiego 1, Bydgoszcz

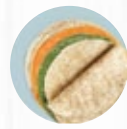
tel.: 533 742 870

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www.greenitkropka.pl



LUNCH WRAPS

TAKE LUNCH TO YOUR HAND



CHOOSE YOUR FAVORITE
TORTILLAS



for vegan



lactose free



for vegetarian

Green Garden

● XL 17,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Red cabbage /
Roasted Chickpeas with Paprika /
Carrot / Fresh mango / Sprouts /
Seeds / Baked Tofu with sesame /
Buckwheat with herbs / Orange sauce



Green Hot Mexico

● XL 17,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Hard cheese /
Black beans / Jalapeno / Tomato /
Onion / Beef / Lemon oat groats /
Tomato Salsa



Green Grecki

● XL 18,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce /
Baked sweet potatoes / Feta cheese /
Onion / Paprika / Tomato /
Baked potatoes / Chicken in herbs /
Rocket pesto sauce



Green Red Beef

● XL 18,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Tomato /
Cucumber / Chickpeas /
Barley groats / Beef /
Yoghurt sauce



Green Tuna Avocado

● XL 19,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Celery / Egg /
Cucumber / Tomato / Onion / Avocado /
Tuna/Lemon oat groats /
Yoghurt and vinaigrette sauce



Green Hummus

● XL 18,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce /
Hummus / Pickles / Tomato /
Coriander / Onion / Barley
groats / Chicken in herbs /
Vinaigrette sauce



Green English Breakfast

● XL 17,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Egg /
Double bacon / Onion / Tomato /
Millet with flax seeds / Chives /
Mustard-honey and vinaigrette sauce



Green Blue One

● XL 18,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Spinach /
Onion / Pear / Chilli chicken /
Cucumber / Roasted double almonds /
Tomato / Blue Cheese / Sprouts /
Mustard-honey and vinaigrette sauce



Green Tajski

● XL 18,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce /
Fresh mango / Coriander /
Cucumber / Onion / Carrot /
Red cabbage / Barley groats /
Chilli chicken /
Peanut and chilli sauce



Green Drwal

● XL 17,99 Zł / XXL +6 Zł

Tortilla / Mixed lettuce / Corn /
Hard cheese / Egg / Pickles /
Onion / Baked potatoes /
Beef / Horseradish sauce



CREATE YOUR OWN COMPOSITE

1 Wrap or Salad? Base

Tortilla / Mixed lettuce / Spinach leaves /
Buckwheat with herbs / Barley groats / Whole-grain pasta /
Lemon oat groats / Millet with flax seeds

● XL 19,99 Zł / XXL +6 Zł

TOMATOE TORTILLA +1 Zł
/ SPINACH TORTILLA

2. Vegetable ingredients x 2

Cucumber / Pickles / Celery / Onion / Carrot / Sprouts / Peas /
Tomato / Seeds / Black beans / Corn / Red cabbage / Fresh coriander /
Beetroot / Black Lentil / Paprika / Pak Choi cabbage / Jalapeno /
Olives / Fresh basil / Chives / Pear / Crumble / Chickpeas

ADD MORE FOR +1 Zł

3. Vegetables / Fruits PREMIUM

Fresh mango / Fresh pineapple / Avocado / Dry tomatoes / Hummus / Cherry tomatoes /
Sugar-Snap Peas / Roasted Almonds / Roasted Chickpeas with Paprika / Baked mushrooms

+2 Zł

4. Dairy ingredients

Hard cheese / Feta / Paneer with black caraway seeds /
Mozzarella / Blue cheese / Baked Tofu with sesame / Egg

+3,50 Zł

5. Carbohydrates

Whole-grain pasta / Lemon oat groats / Barley groats / Millet with flax seeds /
Buckwheat with herbs / Croutons / Baked sweet potatoes / Baked potatoes

+1 Zł

6. Meat / Fish

Bacon / Chicken in herbs / Chilli chicken / Beef / Salmon / Tuna

+4,50 Zł

7. Dressing

Vinaigrette / Orange / Balsamic / Yoghurt / Chilli / Mustard-honey /
Rocket pesto / Peanut / Horseradish / Mint / Tomato Salsa

50 ML +2 Zł / 80 ML +3 Zł